

Last Updated 06/2022

Child's Name: _____



Dear Parents:

Listed below is our extended health policy on the management of communicable diseases:

❖ Contagious diseases and other health related matters:

To reduce/prevent the spread of contagious diseases at Le Parc Place, requirements for contagious diseases, seasonal colds/flu and allergies are listed below. For all contagious diseases (including, but not limited to, pink eye, stomach flu, strep throat, hand, foot and mouth disease, head lice, COVID-19, etc.) children are required to remain home and will be allowed to return to school when a doctor's note is provided.

If a child exhibits any of the following symptoms, the child should not attend the center. If such symptoms occur at the center, the child will be removed from the group, and parents will be called to take the child home.

- Severe pain or discomfort or Muscle or body aches
- Acute diarrhea
- Episodes of acute vomiting
- Elevated oral temperature of 101.5 degrees Fahrenheit
- Lethargy
- Severe coughing
- Yellow eyes or jaundiced skin

- Red eyes with discharge
- Infected, untreated skin patches
- Difficult or rapid breathing
- Skin rashes in conjunction with fever or behavior changes
- Skin lesions that are weeping or bleeding
- Mouth sores with drooling
- Stiff neck
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose

Once the child is symptom-free or has a health care provider's note stating that the child no longer poses a serious health risk to himself/herself or others, the child may return to the center unless contraindicated by local health department or Department of Health.

EXCLUDABLE COMMUNICABLE DISEASES

A child or staff member who contracts an excludable communicable disease may not return to the center without a health care provider's note stating that the child presents no risk to himself/herself or others.

Note: If a child has chicken pox, a note from the parent stating that all sores have dried and crusted is required.

If a child is exposed to any excludable disease at the center, parents will be notified in writing.

❖ COVID-19:

Persons that have a fever of 100.40F (38.00C) or above or other signs of illness shall not be admitted to the center.

Health Screening at Entry: Children, staff and visitors must be screened for COVID-19 symptoms prior to entering or being admitted to the center each day:

- Daily temperature and symptom check of children and staff will be done upon entry.
- Staff will ask if medications were used to lower the child's temperature.

Children, staff, or visitors who respond affirmatively when asked about the following shall not be admitted to the center:

- If they have been in close contact (within 6 feet for 10 minutes or more) with anyone diagnosed with COVID-19 in the past 14 days.
- If anyone in their household has at least 2 of the following symptoms: chills, shivers, muscle aches, headache, sore throat, nausea/vomiting, diarrhea, fatigue, or congestion/ runny nose.
- If anyone in their household has at least one of the following symptoms: cough, shortness of breath, difficulty breathing, new loss of taste or smell.
- If you/ your child has been diagnosed the COVID-19 and not yet cleared to discontinue isolation.

Staff and student screenings will be recorded on paper and filed. Children who are excluded from the program as a result of health screening will be recorded on the illness log.

Children and staff shall practice frequent hand washing with soap and water for at least 20 seconds and covering coughs and sneezes. Students and staff shall be required to wash their hands upon arriving at the center, when entering/ exiting the classroom, before/after meals, or snacks, before/after outside time, after going to the bathroom, and prior to leaving for home.

Students are required to wear mask indoors. All masks required herein shall be cloth or disposable non-woven material, cover both the mouth and nostrils, and fit securely under the chin and against the sides of the face. Students/ staff are not required to wear masks outdoors.

Response Procedure to COVID Exposure:

- A. Children and staff who have been exposed to or show symptoms of COVID-19 must be excluded from the center as specified in the Department of Health Public Health COVID-19 Recommendations for Operating Child Care Centers.
- B. Any confirmed or suspected exposure to COVID-19 occurring in a childcare center must immediately be reported to both the Local Health Department (LHD) and the Department of Children and Families, Office of Licensing.
- C. If a child or staff member develops symptoms of COVID-19 while at the facility, they shall be immediately separated from the rest of the population until they can leave the facility. If the child has symptoms of COVID-19, the caregiver waiting with the child should remain as far away as safely possible from the child.
- D. With help from the local health department, we shall determine the need for any closures, room closures, or other precautions required in the wake of any COVID exposure occurring in the center.
- If anyone at the center has tested positive for COVID, they will be required to quarantine for 5 days and monitor for symptoms. On Day 5 they must test again. If they're positive, they must complete and/ or symptomatic they must continue to isolate until Day 10. They can return to the center on Day 11. If they're negative and asymptomatic they can return to the center on Day 6.
 - If anyone at the center has been exposed to anyone with COVID-19 symptoms, they must complete a 5-day quarantine. On the 5th day from their last known exposure, they must be tested: if negative and asymptomatic they can return on Day 6. If positive, their 5-day quarantine starts over.
- While quarantining due to exposure: If they are at first asymptomatic and they begin to have symptoms during their quarantine they must test again: if positive, their 5-day quarantine starts over, if negative, they must complete their 5-day quarantine. They may return to the center when they have completed their quarantine and have been symptom free without medicine for more than 24 hours.
- Exposed close contacts who have no COVID-19 symptoms and have been diagnosed with COVID-19 in the past 90 days:

- Do not need to quarantine or be excluded (unless they are symptomatic).
- Should not be tested for COVID-19 but should still monitor for symptoms for 14 days following exposure.

International and Domestic Traveling:

- International: PCR lab test taken once you return from your trip.
- Domestic: Lab or at-home rapid test accepted to return to the center.
- Continue to monitor for COVID-19 symptoms

❖ Lice:

Lice is a highly contagious condition in the case of head lice, the center requires a letter stating that the child's hair is free of all living lice and lice eggs. If at any time in the future your child contracts lice, "Lice Be Gone" in Short Hills, NJ will remove all eggs and existing lice. We will not allow a child to be in school while home treatment is occurring and only after receiving a note from LBG or a similar company stating your child is lice free, will he/she be allowed to return to school.

❖ Hand, Foot and Mouth Disease:

Hand, Foot, and Mouth Disease is a common viral illness that usually affects infants and children younger than 5 years old. However, it can sometimes occur in adults. It usually starts with a fever, reduced appetite, sore throat, and a feeling of being un-well (malaise). One or two days after the fever starts, painful sores can develop in the mouth (herpangina). They begin, often in the back of the mouth, as small red spots that blister and can become ulcers. A skin rash with red spots, and sometimes with blisters, may also develop over one or two days on the palms of the hands and soles of the feet; it may also appear on the knees, elbows, buttocks, or genital area (Sited from the Center for Disease Control).

❖ Pink Eye:

Conjunctivitis is a common eye condition worldwide. It causes inflammation (swelling) of the conjunctiva—the thin layer that lines the inside of the eyelid and covers the white part of the eye. Conjunctivitis is often called "pink eye" or "red

eye" because it can cause the white of the eye to take on a pink or red color. (Sited from Center for Disease Control).

Symptoms: Pink or red color in the white of the eye(s) (often one eye for bacterial and often both eyes for viral or allergic conjunctivitis) Swelling of the conjunctiva (the thin layer that lines the white part of the eye and the inside of the eyelid) and/or eyelids Increased tearing Discharge of pus, especially yellow-green (more common in bacterial conjunctivitis) Itching, irritation, and/or burning Feeling like a foreign body is in the eye(s) or an urge to rub the eye(s) Crusting of eyelids or lashes sometimes occurs, especially in the morning Symptoms of a cold, flu, or other respiratory infection may also be present Sensitivity to bright light sometimes occurs.

❖ **Colds/fever/allergies:**

For allergies and seasonal colds, LPP requires a doctor's note stating the type of allergy. In order to administer medication, a signed form stating the type of medication and dosage, must be completed. In the case of a fever, a child must be fever free for 24 hours or more and will be able to return to school with a doctor's note. This policy extends to children who are suffering from excessive coughing, sneezing and runny nose.

❖ **If a child is absent from school for two more consecutive days, parents must provide a negative covid test for them to return to the center. If the child is asymptomatic, an at home test will be acceptable. Test results must be emailed prior to sending the child to the center.**

06/2022 Update

I read and understand Le Parc Place’s Health Screening and Communicable Disease Policy as contained in this document. I acknowledge all the precautions LPP is taking in compliance with the CDC and NJDCF to prevent the spread of any communicable diseases and I am aware that LPP or any of their employees will not be held responsible if my child or a family member contracts a communicable disease, inclusive of COVID-19. **I agree to report:**

- if my child is not feeling well and/or has a fever higher than 100.40F (38.00C) or any of the symptoms described above.
- if my child, or any of our family members have been exposed to someone with COVID-19.
- if my child has been diagnosed with COVID-19 and not yet cleared to discontinue isolation.
- I agree to **(A or B)** if my son/daughter is absent for two or more consecutive days or if my child and/or our family travels outside of the tri state area. I will provide a negative PCR or rapid test before they return to LPP.

A) provide a negative COVID test

B) Quarantine for 5 days

Parent Initials: _____

Child’s Name: _____

Parent/Guardian Name (Print): _____

Parent/Guardian Signature: _____

Date: _____

For Le Parc Place Office Use Only:

Policy signed, returned, and received on: _____

Electronic copy made available on: _____, via _____, by _____